



Individual Giveaway Kits



Table Top Display

How Loud Is Too Loud?

If you don't know — you may be missing out on some of your hearing.

Noise-induced hearing loss (NIHL) is 100 percent preventable but, once acquired, hearing loss is permanent and irreversible. Ten million Americans have already suffered irreversible damage from noise, and 20 million are exposed to dangerous levels of noise each day.

Individuals of all ages, including children, can develop NIHL at work, at play and at home.

FIND OUT MORE ABOUT HEARING PROTECTION AND HEARING LOSS PREVENTION AT:
www.sertoma.org

30 dB	Whispered Voice
40 dB	Refrigerator Humming
60 dB	Normal Conversation
70 dB	Vacuum Cleaner, Hair Dryer
80 dB	City Traffic, Garage Driveway
90 dB	Lawn Mower, Mowercycle, Power Mower
100 dB	Factory Machinery, Wood Shop, Rock Tumbler
110 dB	Power Saw, Chain Saw
120 dB	Heavy Machinery, Rock Drill, Tumbler
130 dB	Jackhammer, Power Drill
140 dB	Jet Engine, Rock Concert
150 dB	Pistolshots
170 dB	Firearms

Posters (11x17, 5 displays)

IF YOU LOVE YOUR EARS, LISTEN!

HOW LOUD IS TOO LOUD?
 Hear that? That's the sound of warning bells. But if it sounds like too loud, you can damage your ears, forever.

Some noises are just too loud for your ears. Like a lawn mower or an engine. If a noise makes you feel uncomfortable, it's probably too loud and could damage your ears.

Always protect your ears from loud noises.

Learn more about protecting your ears and take the hearing loss test at: www.sertoma.org/SAFEars

HEY ROCK STAR. TURN IT DOWN.

HOW LOUD IS TOO LOUD?
 Did you know your headphones could produce 100 decibels or more? That's the same loudness as a chain saw! Hearing damage to your ears can occur fast enough to cause ear damage.

Hearing loss is permanent and irreversible. And hearing loss won't make you rock any longer. Don't take a chance. Turn it down.

Learn more about protecting your ears and take the hearing loss test at: www.sertoma.org/SAFEars

HOW LOUD IS TOO LOUD?

The loud is anything that can potentially damage your ears. And hearing damage can occur as low as 85 dB (the measure of loudness).

Damage occurred today can last a lifetime. Noise-induced hearing loss is permanent and irreversible — and it's preventable.

Know what loud is too loud. Always use hearing protection when in doubt.

Learn more about protecting your ears and take the hearing loss test at: www.sertoma.org/SAFEars

Whisper	30 dB
Refrigerator Hum	40 dB
Normal Talking	60 dB
Hair Dryer	70 dB
City Traffic	80 dB
Yell	100 dB
Chain Saw	110 dB
Loud speaker	120 dB
Jackhammer	130 dB
Jet Engine	140 dB
Explosion	150 dB
Firearms	170 dB

DO YOU HEAR ME?

SOME SOUNDS ARE TOO IMPORTANT TO MISS.

Avoid the hazardous details, one voice is too many missed. Missed that 20 when? Attention to your significant health signs, and you could be missing signs of serious hearing health in America. Hearing weakness, discomfort and hearing loss warning signs. Head to port of the ongoing conversation. Hearing America's safer, healthier, turn hearing loss. Some sounds are too important to miss.

Learn more about protecting your ears and take the hearing loss test at: www.sertoma.org/SAFEars

IS IT COMING.

DON'T MISS.

HEAR THAT? More to hear, and not in America. Hearing loss could be part of your vocabulary and it's silent.

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Sample Club Banner